

STRICTLY INSTRUMENTAL

Choreographers: Brent & Judy Moore,
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Music: Casa-musica.de download, "Strictly Instrumental",
Masters of Modern, played @28 mpm
Footwork: Opposite, directions for man (lady as noted)
Phase & Rhythm: Phase IV+1+1 (topspin, ragdoll sway) -
Foxtrot
Difficulty: Above Average - syncopations
Sequence: Intro, A (3-8), A, B, A, C, A (1-7), End 2018



INTRODUCTION

- 1-2** WAIT 1; THRU FORWARD BLEND to SEMI;
1 [Wait 1] "V" 1/2 open fcng DLW trail feet free pointed slght bk;
2 [Thru Fwd Semi **SS**] Thru R,-, fwd L DLW blnd to semi,-;

PART A [****1st** time start with meas 3]

- 1-8** CHANGE of DIRECTION; OPEN TELEMAR; **OPEN NATURAL; CLOSED IMPETUS; FEATHER FINISH dlc; OPEN REVERSE to SYNCOPATED BACK LOCKS;; WEAVE ENDING;
1 [Chng Dir **SS**] Fwd L DLW to cp body trn LF,-, fwd R on inside edge trn LF to whole foot draw L toward R to fc DLC cp slght rise , -;
2 [Open Telemark **SQQ**] Fwd L trn LF,-, sd & fwd R trn LF (lady heel trn), sd & fwd L in semi DLW;
3** [Open Nat **SQQ**] Thru R,-, trn RF sd & bk L slight sway right, trn RF bk R to bjo bkng DLW;
4 [Closed Impetus **SQQ**] Bk L trn RF,-, trn RF on L heel xfer weight to R, sd & bk L CP backing DCR;
5 [Feather Finish **SQQ**] Bk R to cp trn LF,-, sd & fwd L slight LF trn, fwd R bjo DLC;
6 [Open Rev **SQQ&**] Fwd L trn LF,-,sd & bk R to bjo bkng LOD, bk L in bjo bkng LOD/ bk R bjo bkng LOD;
7 [Sync Bk Locks **S&S&**] Lk LIFR (lk RIBL),-/ bk R in bjo, lk LIFR (lk RIBL),/ bk R in bjo bkng LOD;
8 [Weave End **QQQQ**] Bk L in bjo, bk R to cp trn LF, sd & fwd L DLW to bjo, fwd R in bjo DLW;

Repeat **PART A**

PART B

- 1-8** 3 STEP; NATURAL TURN; BACK FEATHER; FEATHER FINISH; FORWARD RIGHT LUNGE; RAG DOLL SWAYS; FEATHER FINISH dlc; TOPSPIN;
1 [3 Step **SQQ**] Fwd L blnd to cp DLW,-, fwd R on heel slght right sd lead, fwd L toe to heel cp DLW;
2 [Nat Trn **SQQ**] Fwd R,-, trn RF sd & bk L slight sway right, bk R to cp bkng LOD;
3 [Bk Feather **SQQ**] Bk L LOD trng body RF slght lft shape,-, bk R to bjo, bk L in bjo bkng LOD;
4 [Feather Finish **SQQ**] Bk R to cp trn LF,-, sd & fwd L slight LF trn to bjo, fwd R in bjo DLW;

STRICLY INSTRUMENTAL (continued)

- 5 **[Fwd Rt Lnge SS]** Fwd L blnd to cp DLW,-, fwd R soften knee slight sway to rght lady extnd well left DLW,-;
- 6 **[Rag Doll Sways QQS]** Rec L lose sway w/lady upper body roll action , fwd R soften knee lady roll to rt lunge line, rec L lose sway to hi-line look LOD body cp DLW,-;
- 7 **[Feather Finish SQQ&]** Slip trn LF bk L,-, sd & fwd L DRC slight LF trn, fwd R bjo DRC /chkng slight spin LF to bjo fc RLOD;
- 8 **[Top Spin QQQQ]** Rec bk L, bk R to CP trn LF, sd & fwd L DLW, fwd R in bjo DLW;

Repeat **PART A****PART C**

- 1-12 HOVER TELEMAR; NATURAL WEAVE;; HOVER; WHIPLASH; SLOW OUTSIDE SWIVEL; PROMENADE WEAVE;; HOVER TELEMAR; CHAIR RECOVER SLIP dlc; REVERSE TURN 6;;**
- 1 **[Hover Telemark SQQ]** Fwd L blnd to to cp,-, sd & fwd R body trn LF, sd & fwd L in semi DLW;
- 2-3 **[Nat Weave SQQQQQQ]** Thru R trn RF,-, sd & fwd L trn RF slight sway right, cont RF trn chng to slight left sway sd & bk R to bjo bkng DLC; bk L in bjo, bk R to cp trn LF, sd & fwd L to bjo DLW, fwd R in bjo DLW; (Thru L,-, fwd R body trn RF to bjo, fwd R in bjo, fwd L to cp trn LF, sd R trn LF, XLIFR to CP);
- 4 **[Hover SQQ]** Fwd L blnd to cp,-, sd & fwd R slight trn LF, sd & fwd L in semi DLC;
- 5 **[Whiplash S - - -]** Thru R no rise, slight body trn LF to swivel lady to bjo pnt L to DLC, shape to slight right sway, hold shpe to rght slight rise in bjo DLC (thru L, swivel LF ronde R ccw to bjo, shape with man, slight rise in bjo w/shape);
- 6 **[Bk Slow Swivel S - - -]** Bk L slight body trn RF,-, leave R pnt DLC to semi DLC, - (fwd R swivel RF fc DLC,-, pnt L thru in semi ,-);
- 7-8 **[Promenade Weave SQQQQQQ]** Thru R,-, fwd L trn LF, sd & bk R to bjo LOD; bk L in bjo, bk R to cp trn LF, sd & fwd L DLW to bjo, fwd R in bjo DLW;
- 9 **[Hover Telemark SQQ]** Fwd L blnd to to cp,-, sd & fwd R body trn LF, sd & fwd L in semi DLW;
- 10 **[Chair Rec Slip SQQ]** Fwd R in semi soften knee man no sway look DLW,-, rec L rising com slight LF trn, strong rise bk R slip pivot to cp fc DLC;
- 11-12 **[Rev Turn 6 SQQSQQ]** Fwd L trn LF,-, fwd & sd R trn LF (heel trn), bk R backing LOD; bk R trn LF,-, sd & fwd L DLW, fwd R bjo DLW;

Repeat **PART A (1-7)****END**

- 1-2+ SYNCOPATED TWIST VINE 5 & SYNCOPATED TURN SIDE CLOSE to HI-LINE;;;**
- 1-2+ **[Twist Vine 5 Bk Sd Cl Oversway S&S&S&S&S]** Bk L in bjo trn RF,-/ small stp sd & fwd R to sdcr, fwd L in sdcr moving LOD,-/ trn LF sd & bk R to bjo mvg LOD; bk L in bjo trn RF,-/small stp sd & bk R trn to cp, sd L mving DLW,-/ cl R cp fc DRW; sd & fwd L to semi hiline DLW,

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