

# SWING UPTOWN

**BY:** Mike & Mary Foral, 3083 Fairfield Lane, Aurora, IL 60504. (630)-820-6750. [mjforal@yahoo.com](mailto:mjforal@yahoo.com)

**MUSIC:** "Swing Uptown" by the New York Jazz Ensemble. Track 20 of Album "Dinner & Dancing: Swingin' Big Band". Available on Amazon, iTunes and other digital music sources.

**RHYTHM/PHASE:** Quickstep, Phase IV

**TIME/SPEED:** 2:10 @ 47meas/min (42 RPM = -7%) - As downloaded 2:03 @ 51 meas/min (45 RPM)

**FOOTWORK:** Described for Man. Woman opposite (or as noted)      **RELEASED:** V1 July, 2018

**SEQUENCE:** Intro, A, B, C, D, A, B, C, Ending

## INTRO

### **1-2** WAIT ; ;

1-2 Wait 2 meas in CP fcng DLC lead foot free ; ;

## PART A

### **1-4** REVERSE CHASSE TURN ; ; QUARTER TURN ; ;

SQQ 1 Fwd L w/ LF trn, -, sd R cont LF trn, cl L to R to end CP RLOD ;  
S- 2 Bk R w/ LF trn, -, touch L beside R toe pointing DLW, trn LF on R heel (*W: Fwd L w/ LF trn, -, sd R*  
(SQQ) cont LF trn, cl L to R) to end CP DLW ;  
SS 3 Fwd L, -, fwd R comm RF trn to fc WALL, - ;  
QQS 4 Sd L, cl R to L w/ RF trn to fc DRW, sd & slightly bk L to CP DRW, - ;

### **5-8** PROGRESSIVE CHASSE ~ FWD ; ; [SLOW] HOVER TELEMARCK ~ THRU TO FACE ; ;

SQQ 5 Bk L comm LF trn, -, cont LF trn sd L, cl R to L ;  
SS 6 Sd L to BJO DLW, -, fwd R, - end BJO DLW ;  
SS 7 Fwd L, -, fwd & slight sd R between W's feet trng RF, - ;  
SS 8 Sd & fwd L to SCP LOD, -, thru R trng RF (*W: LF*) to fc ptr, - end CP WALL ;

### **9-12** SIDE & TAP ; CHASSE TO BJO ; CHECK BK RECOVER ; FWD LOCK FWD ;

S- 9 Sd L, -, relax L knee & tap R toe well behind L foot, - ;  
QQS 10 Sd R twd RLOD, cl L to R w/ slight LF trn, sd R cont LF trn to end BJO LOD ;  
SS 11 Check bk L twd RLOD in CBMP, -, rec R, - end BJO LOD ;  
QQS 12 Fwd L, lock Rib of L, fwd L, - end BJO LOD ;

### **13-16** MANEUVER SD CL ; PIVOT 2 FC WALL ; SLOW TWIST VINE 4 TO BJO LOD ; ;

SQQ 13 Fwd R comm RF trn, -, comp RF trn sd L to fc RLOD, cl R to L end CP RLOD ;  
SS 14 Bk L toeing in pivot ½ RF, -, fwd R pivot ¼ RF to end CP WALL, - ;  
SS 15 Sd & bk L LOD, -, X Rib of L, - ;  
SS 16 Sd L comm LF trn, -, cont LF trn fwd R twd LOD, - end BJO LOD ;

## PART B

### **1-4** FWD LOCK TWICE ; FWD & CHECK ; FISHTAIL ; WALK & MANEUVER ;

QQQQ 1 Fwd L outsd ptr, lock Rib of L, fwd L, lock Rib of L end BJO LOD ;  
SS 2 Fwd L comm 1/8 LF trn, -, fwd R outsd ptr twd DLC checking, - end BJO DLC ;  
QQQQ 3 XLIB of R trng 1/8 RF, small fwd & sd R but outsd ptr's R ft trn another 1/8 RF, with L sd leading fwd  
L, lock Rib of L to BJO DLW ;  
SS 4 Fwd L, -, fwd R comm RF trn, - ;

### **5-8** SIDE CLOSE BACK ; BACK LOCK BACK ; HEEL PULL FC LOD ; WALK TO BJO & STOMP ;

QQS 5 Comp RF trn sd L fc RLOD, cl R to L to CP RLOD, bk L blending to BJO, - end BJO RLOD ;  
QQS 6 Bk R, lock Lif of R, bk R, - end BJO RLOD ;  
SS 7 Bk L comm RF trn, -, compl ½ RF trn on L pull R heel to L and change weight to R, - (*W: Fwd R*  
*comm RF trn, -, sd L in front of Man, draw R to L*) end CP LOD ;  
SS 8 Fwd L blending to BJO LOD, -, stomp R to L changing weight, - end BJO LOD ;

# SWING UPTOWN

## PART C

### **1-4 STEP HOP TWICE ; FWD LOCK FWD ; MANEUVER SIDE CLOSE ; PIVOT 2 FC WALL ;**

- Q-Q- 1 Fwd L outsd ptr, lift R knee to create slight hop on L, fwd R, lift L knee to create slight hop on R ;  
QQS 2 Fwd L, lock Rib of L, fwd L, - end BJO LOD ;  
SQQ 3 Fwd R comm RF trn, -, comp RF trn sd L to fc RLOD, cl R to L end CP RLOD ;  
SS 4 Bk L toeing in pivot ½ RF, -, fwd R pivot ¼ RF to end CP WALL, - ;

### **5-8 STOLLING VINE ; ; ; [STEP CUE: TWIST 2 ; CHASSE TRN LEFT ; TWIST 2 ; CHASSE TRN RT ;]**

- SS 5 Sd & bk L LOD, -, XRib of L, - ;  
QQS 6 Sd L, cl R to L, sd & fwd trng ½ LF end CP COH ;  
SS 7 Sd & bk R, -; XLIB of R, - ;  
QQS 8 Sd R, cl L to R, sd & fwd R trng ½ RF end CP WALL ;

### **9-12 TWIRL VINE ~ THRU TO ; ; APART POINT ; TOG FACE WALL & TOUCH ;**

- SS 9 Sd & bk L raise ld hands to start W twirl, -, XRib of L lead W twirl under jnd ld hands, - (*W: Sd & fwd R comm RF trn under jnd lead hands, -, sd & bk L cont RF twirl, -*) ;  
SS 10 Sd L blend to SCP LOD changing ld hands to palm-to-palm lead, -, fwd R LOD, - end SCP LOD ;  
S-- 11 Sd L twd COH (*W: twd WALL*) sliding hands down ptr's trail arm to join, -, point R twd ptr, - ;  
S-- 12 Together R trng to fc ptr & WALL and blending to CP, -, tch L to R, - end CP WALL ;

## PART D

### **1-4 SLOW VINE 3 ~ MANEUVER ; ; SIDE CLOSE ~ SPIN TURN ; ;**

- SS 1 Sd L to LOD, -, tight XRib of L, - ;  
SS 2 Sd L, -, thru R comm RF trn (*W: thru L*), - ;  
QQS 3 Comp RF trn sd L fc RLOD, cl R to L to CP RLOD, bk L LOD toe turned in pivot 3/8 RF (*W: fwd R between M's feet w/ 3/8 RF pivot*), - ;  
SS 4 Fwd R DLC between W's feet heel to toe rise trng ¼ RF (*W: brush R to L*), -, bk L end CP DLW, - ;

### **5-8 [SLOW] HOVER CORTE ~ BACK ; ; BACK LOCK BACK ; HEEL PULL TO DLW ;**

- SS 5 Bk R comm LF trn, -, sd & fwd L w/ hovering action, - ;  
SS 6 Rec R w/ R sd leading, -, bk L, - end BJO DRC ;  
QQS 7 Bk R, lock Lif of R, bk R, - end BJO DRC ;  
SS 8 Bk L comm RF trn, -, compl ½ RF trn on L pull R heel to L and change weight to R, - (*W: Fwd R comm RF trn, -, sd L in front of Man, draw R to L*) end CP DLW ;

### **9-12 QUARTER TURN ; ; PROGRESSIVE CHASSE ~ FWD ; ;**

- SS 9 Fwd L, -, fwd R comm RF trn, - ;  
QQS 10 Cont slight RF trn sd L, cl R to L, sd & slightly bk L to CP DRW, - ;  
SQQ 11 Bk L comm LF trn, -, cont LF trn sd L, cl R to L ;  
SS 12 Sd L to BJO DLW, -, fwd R, - end BJO DLW ;

### **13-16 [SLOW] HOVER [FC DLC] ~ THRU ; ; SEMI CHASSE ; PICKUP SIDE CLOSE DLC ;**

- SS 13 Squaring to CP fwd L, sd & fwd R w/ hovering action (*W can brush R to L*), - ;  
SS 14 Rec L to SCP DLC, -, thru R, - ;  
In SCP fwd L, cl R to L, fwd L, - end SCP DLC ;  
QQS 15 Option: Ptrs can face each other on QQ if desired to produce a peekaboo chasse look.  
SQQ 16 Thru R (*W: comm LF trn*), -, fwd & sd L w/ slight LF trn leading W to swing in front to pickup, cl R to L end CP DLC ;

# SWING UPTOWN

Repeat PART A

Repeat PART B

Repeat PART C

ENDING

1-4 SIDE & TAP ; CHASSE TO BJO ; CHECK BACK RECOVER ; FWD LOCK FWD ;

1-4 Repeat meas 9-12 of Part A ; ; ; ;

5-12 MANEUVER SIDE CLOSE ; PIVOT 2 FC WALL ; STROLLING VINE ; ; ; ; TWIRL VINE TO SCP ~  
CHAIR ; ;

5-6 Repeat meas 13-14 of Part A ; ;

7-11 Repeat meas 5-9 of Part C ; ; ; ; ;

SS 12 Sd L blend to SCP LOD, -, chair R and look at ptr, - ;

# SWING UPTOWN

## HEAD CUES

### Intro

WAIT ; ;

### Part A

REVERSE CHASSE TURN ; ; QUARTER TURN ; ; PROGRESSIVE CHASSE ~ FWD ; ; SLOW HOVER TELEMARK ~ THRU TO FACE ; ;

SIDE & TAP ; CHASSE TO BJO ; CHECK BK RECOVER ; FWD LOCK FWD ; MANEUVER SD CL ; PIVOT 2 FC WALL ; SLOW TWIST VINE 4 TO BJO LOD ; ;

### Part B

FWD LOCK TWICE ; FWD & CHECK ; FISHTAIL ; WALK & MANEUVER ; SIDE CLOSE BACK ; BACK LOCK BACK ; HEEL PULL FC LOD ; WALK TO BJO & STOMP ;

### Part C

STEP HOP TWICE ; FWD LOCK FWD ; MANEUVER SIDE CLOSE ; PIVOT 2 FC WALL ; STOLLING VINE ; ; ; ;

SLOW TWIRL VINE ~ THRU TO ; ; APART POINT ; TOG FACE WALL & TOUCH ;

### Part D

SLOW VINE 3 ~ MANEUVER ; ; SIDE CLOSE ~ SPIN TURN ; ; SLOW HOVER CORTE ~ BACK ; ; BACK LOCK BACK ; HEEL PULL TO DLW ;

QUARTER TURN ; ; PROGRESSIVE CHASSE ~ FWD ; ; SLOW HOVER [DLC] ~ THRU ; ; SEMI CHASSE ; PICKUP SIDE CLOSE [DLC] ;

### Repeat Part A

REVERSE CHASSE TURN ; ; QUARTER TURN ; ; PROGRESSIVE CHASSE ~ FWD ; ; SLOW HOVER TELEMARK ~ THRU TO FACE ; ;

SIDE & TAP ; CHASSE TO BJO ; CHECK BK RECOVER ; FWD LOCK FWD ; MANEUVER SD CL ; PIVOT 2 FC WALL ; SLOW TWIST VINE 4 TO BJO LOD ; ;

### Repeat Part B

FWD LOCK TWICE ; FWD & CHECK ; FISHTAIL ; WALK & MANEUVER ; SIDE CLOSE BACK ; BACK LOCK BACK ; HEEL PULL FC LOD ; WALK TO BJO & STOMP ;

### Repeat Part C

STEP HOP TWICE ; FWD LOCK FWD ; MANEUVER SIDE CLOSE ; PIVOT 2 FC WALL ; STOLLING VINE ; ; ; ;

SLOW TWIRL VINE ~ THRU TO ; ; APART POINT ; TOG FACE WALL & TOUCH ;

### Ending

SIDE & TAP ; CHASSE TO BJO ; CHECK BACK RECOVER ; FWD LOCK FWD ; MANEUVER SIDE CLOSE ; PIVOT 2 FC WALL ; STROLLING VINE ; ; ; ; SLOW TWIRL VINE TO SCP ~ CHAIR ; ;