



## LEARNING THE BLUES

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MUSIC: Learning the Blues - Frank Sinatra CD Come on My Way

SEQUENCE: INTRO -A - A - B - A MOD- INTER - B - A MOD - END

RHYTHM: FOXTROT PHASE V + 2 (rudolph ronde/slip; 3 fallaways)

FOOTWORK Opposite; Unless noted (W's footwork & timing in parentheses0

TIMING: Standard SQQ Unless noted (SLOW FOR COMFORT) 1.1 rel. 7/18

### INTRO

#### 1-4 OP-FCG DLW WAIT PICK UP NOTES & 1 MEAS; SWAY L & R TO

##### BFLY/SCAR; CHK DEVELOPE; FEATHER FINISH;

1-2 **OP FC PTR DLW** No hands joined lead foot free pointed to sd wait pick up notes & 1 ms;  
[Sway L & R] Side L sweep arms to DC with L sd stretch, - , sd R sweep arms to DRW  
R sd stretch, - ;

3-4 **[Develope]** Join two hds low BFLY ck fwd L outsd of W to SCAR - , - (W bk R bring up to  
R knee, extend L foot fwd & down to floor, - **[Fea Finish]** Bk R, - , sd & fwd L DL **blend to**  
**CP, fwd R BJO/DLC;**

#### 5-8 TOP SPIN FC DLW; HOVER SCP/DLC; THRU CHASSE TO SCP; CHAIR & SLIP;

qqqq 5-6 **[Top Spin]** Trn LF on R toe/bk L, cont trn bk R, cont trn sd & fwd L twds DLW;  
**[Hvr]** Fwd L, - , sd & fwd R, rec L SCP/DLC;

sq&q 7-8 **[Chasse scp]** Thru R,-, sd & fwd L/cl R, sd & fwd L end SCP/LOD  
**[Chair rec & slip]** Fwd R with soft knee, - , rec L comm LF trn rise turning  
ptnr to fc, cont LF trn slip R bk end CP/LOD:

### PART A

#### 1-4 REV WAVE ½; START CHECK & WEAWE; BK DBL LILT; FINISH WEAWE;

1-2 **[rev wave ½]** Fwd L comm LF trn, - , fwd & sd R cont LF trn (W cl L heel trn), bk L twd  
DLW end CP/DRC; **[start chk & weawe]** Bk R with L sd lead & checking, - , rec L comm  
LF trn, Sd & slightly bk R cont slight LF trn end BJO/DRW;

qqqq 3-4 **[bk dbl lilt]** In BJO bk DLC soft R knee bk L rising, bk R, soft knee bk L rising, bk R end  
BJO/DRW; **[finish weawe]** Bk L, bk R comm LF trn blend to CP, sd & fwd L DLW, fwd R  
outside ptnr end BJO/DLW;

#### 5-8 WHISK; THRU TO OUTSIDE SWIVEL 2X; THRU SCP CHASSE; SL SD LK;

5-6 **[Whisk]** Fwd L blend to CP, - , sd & fwd R, XLIB of R (W XRIB of L) SCP/LOD;  
**[thru outsd swvl 2x]** Thru R leaving L behind lead ptnr to trn LF to BJO, - , rec L loosely  
XRIF no weight lead ptnr to trn RF to SCP, - (W thru L swivel LF to BJO, - , fwd R outside  
ptnr swvl RF to SCP) SCP/LOD:

sq&q 7-8 **[Chasse SCP]** Thru R,-, sd & fwd L/cl R, sd & fwd L end SCP/LOD;**[SI sd lk]** Fwd &  
across R twd DLC, - , sd & fwd L trn upper body LF, Cl R to L, (W thru L, - ,fwd R trn LF,  
XLIF of R)end CP/DLC;

#### 9-12 REV WAVE:: BK FEA; BK 3 STEP;

9-10 **[Rev Wave]** Fwd L comm LF trn, - , fwd & sd R cont LF trn (W cl heel trn), bk L twd  
DLW; Bk R, DLW trn LF, - , bk L LOD, bk R to CP/RLOD;

11-12 **[Bk fea]** Bk L LOD, - , bk R w/R sd lead, bk L (W fwd R LOD, - fwd L, fwd R outsd ptr)  
end BJO/DRC; **[bk 3 step]** Bk R, - , bk L, bk R (W fwd heel lead, - , fwd R heel lead  
rising to toe, fwd L) CP/RLOD;

**13-17 PVT 3 FC COH; TO RUDOLPH RONDE & SLIP; DBL REV ; CHG OF DIR;**

**13-14 [pvt 3]** Bk L comm RF pivot 1 ¼, -, fwd R btwn W's feet cont pvt RF, bk L cont pvt RF end momentary CP/DLC; **[Rudolph Ronde & slip]** Keeping L ft bk strong fwd R between W's feet flex R knee trng upper body RF leading W's ronde,-, bk L comm LF trn rise thru body trng W square, bk R ( W bk L LOD flex L knee & swing R leg up & out in a circular CW ronde movement trng RF on L allowing head to open, bk R in SCP rise & trn LF, fwd L) to CP DLC;

**15-16 [dbl rev]** Fwd L comm LF trn, -, cont trn sd R spin LF on ball of R bring L foot under body beside R no wgt, - (W bk R comm LF trn, -, cl L to R heel trn cont LF trn heel to toe/sd & slightly bk R cont trn, cont body trn XLIF of R) CP/DLW; **[chg of dir]** Fwd L, -, fwd R trn LF, draw L to R no wgt to CP/DLC;

**REPEAT PART A****PART B****1-4 3 FALLAWAYS & CHASSE BJO;;;;**

**1-4 [3 Fallaways]** Fwd L trn LF, -, sd R, XLib of R in falwy fcg RLOD; Bk R to CP bkg LOD,-, bk L trn slightly LF, XR undr body to RSCP RLOD; (W Slip fwd L into M trn LF, cont trn LF & stp sd R fcg COH & com trn to RSCP, cont LF trn bk L undr body to RSCP); Trn LF slip fwd L into W to CP, -, cont trn sd R LOD, XLib of R to falwy RLOD;

sq&amp;q

**[chasse bjp]** Bk R with sml LF pivot action, -, sd L/cl R to L, sd & fwd L to CBJO DLW;

5-8

**NAT WEAVE;; SLOW FWD RT LUNGE; SLOW ROLL & SLIP;**

sq

**5-6 [nat weave]** Fwd R trn RF,-, sd & fwd L trn RF, bk R to DC w/R sd lead (W bk L trn RF, - trn RF on L heel cl R to L, fwd L); bk L, trn LF bk R, sd & fwd L, fwd R BJO/DLW (W fwd R, fwd L trn LF sd & bk R, bk L) BJO/DLW;

qqqq

**7 – 8 [Fwd right lug]** Fwd L, -, lower fwd R DLW slight shape to right lunge, extnd shape,-; **[Roll rec slip]** Chng shpe body trn rght opn lady's head, -, rec bk L rise to high line hold body shape both look LOD, trn LF bk R slip pvt CP/DLC;

**A MOD:****1-4 REV WAVE ½; START CHECK & WEAVE; BK DBL LILT; FINISH WEAVE**

**1-2 [rev wave ½]** Fwd L comm LF trn, -, fwd & sd R cont LF trn (W cl L heel trn), bk L twd DLW end CP/DRC; **[start chk & weave]** Bk R with L sd lead & checking, -, rec L comm LF trn, Sd & slightly bk R cont slight LF trn end BJO/DRW;

qqqq

**3-4 [bk dbl lilt]** In BJO bk DLC soft R knee bk L rising, bk R, soft knee bk L rising, bk R end BJO/DRW; **[finish weave]** Bk L, bk R comm LF trn blend to CP, sd & fwd L DLW, fwd R outside ptrn end BJO/DLW;

qqqq

5-8

**WHISK; THRU TO OUTSIDE SWIVEL 2X; THRU SCP CHASSE; SL SD LK;**

**5-6 [Whisk]** Fwd L blend to CP, -, sd & fwd R, XLIB of R (W XRIB of L) SCP/LOD; **[thru outsd swvl 2x]** Thru R leaving L behind lead ptrn to trn LF to BJO, -, rec L loosely XRIF no weight lead ptrn to trn RF to SCP, - (W thru L swivel LF to BJO, -, fwd R outside ptrn swvl RF to SCP) SCP/LOD;

sq&amp;q

**7-8 [Chasse SCP]** Thru R,-, sd & fwd L/cl R, sd & fwd L end SCP/LOD:**[SI sd lk]** Fwd & across R twd DLC, -, sd & fwd L trn upper body LF, Cl R to L, (W thru L, -, fwd R trn LF, XLIF of R)end CP/DLC;

**9-12 DBL REV; CHG OF DIR ; REV WAVE ½; START CHK & WEAVE;**

- 9-10** [dbl rev] Fwd L comm LF trn, -, cont trn sd R spin LF on ball of R bring L foot under body beside R no wgt, - (W bk R comm LF trn, -, cl L to R heel trn cont LF trn heel to toe/sd & slightly bk R cont trn, cont body trn XLIF of R) CP/LOD; [chg of dir] Fwd L comm LF trn, -, cont trn sd R spin LF on ball of R bring L foot under body beside R no wgt, - (W bk R comm LF trn, -, cl L to R heel trn cont LF trn heel to toe/sd & slightly bk R cont trn, cont body trn XLIF of R) CP/DLW;
- 11-12** [rev wave ½] Fwd L comm LF trn, -, fwd & sd R cont LF trn (W cl L heel trn), bk L twd DLW end CP/DRC; [start chk & weave] Bk R with L sd lead & checking, -, rec L comm LF trn, Sd & slightly bk R cont slight LF trn end BJO/DRW
- 13-16** **FINISH WEAVE; 3 STEP; TRAVEL HVR X;;**
- qqqq** **3-14** [finish weave qqqq] Bk L, bk R comm LF trn blend to CP, sd & fwd L DLW, fwd R outside ptrn end BJO/DLW; [3 step] Fwd L, -, fwd R, fwd L to CP DLW;
- sqq** **15-16** [travel hvr x] Fwd R commence RF trn, -, sd L, (W heel trn) sd R twd DW; Fwd L across R in contra-sidecar (W bk R with left sd stretch), fwd & sd R CP, fwd L blend to CBJO, fwd L;

**INTERLUDE****1-2 DBL TOP SPIN;;**

- qqqq** **1-2** [dbl top spin] With strong trn 1/8 LF on ball of R at end of previous measure bk L, bk R trng 1/8, sd & fwd L cont trn, fwd R to BJO DRC; With strong trn 1/8 LF on ball of R{&} bk L, bk R trng 1/8, sd & fwd L cont trn, fwd R to BJO DLW;

**REPEAT B****REPEAT A - modified****END;****1-3 TOP SPIN;; HVR TELE; THRU PROM SWAY & CHG SWAY;;**

- qqqq** **1-2** [ top spin] With strong trn on ball of R at end of previous measure bk L, bk R trng, sd & fwd L cont trn, fwd R to BJO/DLW;[hvr tele] Slight body trn LF fwd L, -, sd & fwd R trn RF, sd & fwd L in semi DLW;
- 3-4** [Promenade Sway]Thru R, side L turning bodies to CP with a strong to sway L, change sway to R turning head to look at Woman; Stretch to increase sway (W: Thru R, side L turning body to CP but keeping head to R with strong way to R, change sway and head to L Extend)